

## Major difficulties in Learning English and their ways to overcome

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**ABSTRACT:** Despite the fact that English is one of the most popular languages in the world, many people still face various challenges in learning it. Moreover, these can be mistakes not only of the student, but also of the teacher or the curriculum. You may have faced similar difficulties more than once. Therefore, here we will tell you what problems of learning English arise most often and how to deal with them.

**KEYWORDS:** Learning difficulties, difficulties and problems, ways of overcoming, is engaged independently, language barrier, thinking in the native language.

Today English is one of the most widely spoken and used languages in the world. Nevertheless, when studying this subject, students very often have various difficulties and problems. Difficulties can arise even where the learner least expects it. Very often, in the process of learning English, difficulties and problems can arise that may be associated with certain mistakes. Difficulties can be caused not only by the student's mistakes, but also by the teacher.

*Mistake one:* Too exaggerated self-criticism. Many students add to their own difficulties by setting very high and sometimes unattainable standards for themselves. In practice, teachers often encounter a mistake when a student tries to achieve the highest possible result in a fairly short period of time. For example, he wants to learn how to write completely correctly or speak English fluently, without hesitation and accent. But in practice, this may not only pose difficulties and difficulties, but it may also be simply impossible. Experiencing difficulties, the student often gives up and quits classes;

*Mistake two:* The language barrier. It would seem that a person attends courses, studies independently and makes efforts to learn the language. But she cannot express her thoughts and speak it even after a long time. It's all because of the language barrier. It most often occurs when your program has a low amount of language practice or if the student does not have sufficient vocabulary. Therefore, the best solution would be to increase the amount of speaking practice: sign up for an English speaking club, arrange English language days, communicate with foreigners via the Internet, etc. At first, you can start with the usual simple topics: the weather, shopping in the store, the story of your day, etc. But you should gradually increase the complexity and move on to more complex topics, such as politics, science, technology, etc. In just a few months you will notice that the language barrier is gradually beginning to disappear.

*Mistake three:* We translate words in our mind. Thinking in the native language and translating into a foreign language in the mind. This is a very common mistake that nevertheless brings a lot of difficulties and problems in the learning process. Its essence lies in the fact that a person thinks in his native language and only after that in his head translates it into a foreign one. Difficulties also lie in the fact that he simultaneously thinks about the correctness of the grammatical component of his speech, which as a result turns out to be too tiring for the brain. Doing so, if a person communicates, he does it rather slowly, while periodically getting lost. Therefore, it is necessary to learn how to overcome such difficulties. To do this, you need to try to think immediately in English. This is exactly what young children do when they are just learning to speak.

Many students first form a sentence in mother tongue, and then try to translate it in their minds and pronounce it. Such problems in learning English are typical for beginners when they are not confident in sentence construction, vocabulary and grammar. But this should not be allowed. Don't be afraid to make mistakes in pronunciation and try to formulate the sentence in English right away. When you are alone, try to think about your affairs in English (at least partially). It will not be easy at first, but every day you will notice that you are making significant progress and are much more confident in formulating sentences.

*Mistake four:* Not understanding English by ear. The student seems to be learning English, can read texts and even build small sentences, but at the same time he absolutely does not understand the speech of other people. This is a common problem that even experienced students face. Undermining the educational process by teachers. This error is more related to the activities of teachers. Moreover, such difficulties and difficulties can arise not only with the study of English, but also with many other sciences. You have probably heard the phrase from the teacher that this or that student does not have innate ability to study the subject, so he should not even try, because he still will not succeed. Now, this is not true. For example, the matrix method of learning English completely refutes this opinion, since in practice it has already shown that any person can study the subject without any special difficulties and problems; the problem is again lack of practice.

If a person has poorly developed Listening skills, then he should listen to as much English as possible. You can start with songs, TV shows, short dialogues, and videos with subtitles. This is a great practice for beginners. After that, you can move on to stand-up comedians, listening to Irish, Australian and other accents. The main rule is to listen as much and as often as possible.

*Mistake five:* Confusion with verb tenses. Too much emphasis on grammar. Think about the approach you were taught in school and the difficulties and challenges associated with it. The child is given a lot of complex grammar rules, which the learner often does not even understand, but must memorize. As a result, this causes significant difficulties in the learning process, because the student simply gives up and gives up because of the unwillingness to learn hundreds of grammar rules. Now think about how a small child learns his native language? That's right, he does it by ear, just imitating his parents and those around him. At the same time, the child does not know any rules, but absorbs new knowledge like a sponge. Uzbek has present, future and past tense.

In English, along with the passive voice, there are 26 groups of time. Therefore, Uzbek-speaking people have a certain dissonance when they discover this fact. But there is essentially nothing complicated about times. It's just that the English sentence expresses the time more vividly and accurately. For example, Present time means an action that is being performed now in general: I work as an accountant (in general). But Present Continuous time speaks of what the person is doing at the moment: I am working on these accounts (at the moment). In fact, there is even less confusion in English than in Russian. And if you understand this topic, then you will not have any problems, both in speech and in the construction of sentences. You can take a note of the table that is presented above.

*Mistake six:* Incorrect pronunciation received from the teacher. Today, even many professional educators speak with an accent or incorrect pronunciation. As a result, their students learn from them the incorrect pronunciation from the very beginning, and also speak with a slight accent. This is a rather serious problem in our time. You can avoid such difficulties if you perceive speech by ear, and this should be done on the basis of the speech of native speakers, that is, people for whom English is native from birth.

*Mistake Seven:* Weighing the difficulties of learning English language in different methods, difficulties and problems in learning English today can arise for many people. Nevertheless, there are methods that allow you to avoid making major mistakes and, as a result, problems in terms of learning, and also have extremely high efficiency and effectiveness. In this article, we will talk about what techniques are most often used today, as well as what difficulties and problems are encountered when using them.

*Mistake Eight:* Small vocabulary and forgetfulness. When a person learns a new word like "parrot" (parrot), he remembers it and adds it to his passive vocabulary. However, it often happens that he practically does not use this word and when he sees a "parrot", he cannot tell his English friend what bird he saw today. Today anyone can learn English without difficulties and special difficulties.

According to experts, serious difficulties and mistakes in English classes can arise only in the absence of the proper aspiration. All other difficulties and problems can be overcome. And sometimes it is better to write down not the word and the translation, but to use it in the context: "*I bought a parrot yesterday*".

So you will develop associative memory and words will be deposited in your memory without much effort. In addition, you can use special applications and programs to expand your vocabulary, such as "English with Word", etc. This technique is the most common, since students in universities are engaged in it.

Despite this, it has shown itself to be one of the most ineffective techniques, with many difficulties and problems associated with it. The bottom line is that the student is given a certain program, which is full of grammatical rules that are difficult to understand. Learning is based on memorizing the rules and doing exercises based on them. This technique involves passing tests, tests and exams, as well as doing regular homework. At the same time, the student may experience great difficulties and problems, both in terms of study, and also in psychological terms. It can also make all five of the most common mistakes that we described above. The method of learning a foreign language when communicating with its native speakers is also quite common. Its essence lies in the fact that the student communicates with people for whom English is completely native.

Therefore, he can avoid some difficulties and problems, in particular, he does not sort out the initially incorrect pronunciation from his teacher, and also does not concentrate too much on grammar. Nevertheless, such a technique can also provoke various difficulties, since the concentration of attention is on establishing contact with another person, as well as in understanding what is being said. In addition, it is far from always a student can learn to think immediately in the language he needs and easily select the right words, even if he is communicating with a native Englishman or American, and this is a rather serious problem.

*The matrix or how to avoid the main mistake when learning English?*

The matrix method of learning English is currently one of the most effective and efficient. When using it, the student can avoid making the main mistakes that are made when using other techniques. As practice shows, with it, difficulties and problems characteristic of other methods rarely arise.

The essence of the matrix method is that initially a person must learn to perceive the language he needs by ear. For this, a special program of dialogues and texts in English is listened to, which the creator of this method called the matrix. The sound program was developed using a special technology and recorded directly by native speakers. Thanks to this, a person gets the opportunity to imitate the correct pronunciation, without repeating the common mistakes of his teachers without experiencing other difficulties.

The program also includes elements of listening, when the student needs to learn to speak what he hears. The advantage of the matrix methodology is that the student goes through the learning process according to the same principle as a small child who is just learning to speak. That is, in this case, you do not need to strain your mind with complex grammatical rules and memorize the entire Russian-English dictionary. For him, such problems and difficulties simply do not exist.

Many experts call this technique truly revolutionary, since it is based on the abilities of a person's subconsciousness, and the learning process itself is very easy, without problems and any difficulties and problems. This program has become a real salvation for those who are already desperate because of the difficulties in learning a foreign language. Many of those who experienced difficulties and difficulties in using the standard and most common programs, having tried the matrix method, achieved really high results in their studies. To solve such problems in teaching English, an integrated approach is needed.

First, you should learn at least 5 words a day. In just a month your dictionary will expand by 150 words, and in a year by 1500. Secondly, you should create your own dictionary, where to write down a new word and its transcription.

Ways to overcome

- Practice;
- Listening;
- Watch the English movies, news in English;
- Assign the teaching and learning process to the native speaker;
- Phonology books;
- Using audio materials;
- Phonology classes;
- Qualified phonology teachers.

We have described the most basic problems in learning English. However, people have many other difficulties during their studies. Banal forgetfulness, lack of self-discipline, poor technique and so on. We hope that our tips will help learners progress in learning.

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